

### Scenario Example – CPR Assessment (2 pages)

It's 10:00 am and a patient has been brought into your ER by NEMS on a stretcher. They had a chest pain that was very bad. They have **no** history of trauma.

ASSESSMENT	FURTHER INFORMATION	KEY POINTS	YES	NO
A	Airway: Patent	A Correctly Assessed		
B	Respiratory rate: 4  Oxygen saturations: 76% (improve to 94% if BVM support given)  Listening to chest: Chest Clear	B Correctly Assessed		
		Aware breathing is inadequate		
		Calls for Help immediately		
		Starts BVM support		
		Good BVM support – sees chest rise		
		Need for oxygen communicated		
		**Before C assessment starts – inform candidate that patient starts snoring**		
A Reassessed	Snoring (stops if head tilt / chin lift and / or airway adjunct given)	Head Tilt Chin Lift		
		Airway adjunct		
B Reassessed	Not Breathing  Oxygen saturations: Unrecordable  Listening to chest:  Chest clear (should not listen to chest if patient not breathing)	Recognises patient not breathing		
		Starts CPR as per BLS SOP		
		Adequate chest compressions		
C	BP: Unrecordable  HR: No pulse  Listening to chest: No Heart Sounds	Aware rest of ABCDE not assessed until ROSC or team stops resuscitation attempt		
		Continues chest compressions (**after 2 minutes trainer to stop scenario**)		
SBAR		SBAR communicated clearly		

**Diagnosis: Patient died – possible heart attack**

### **Equipment (if available)**

- Airway Adjunct
- Bag Valve Mask
- Stethoscope
- Resus Anne

### **Learning Objectives**

- Confident use of the ABCDE
- Rapid recognition of need for CPR
- Demonstrate effective CPR technique
- Appropriately ask for help and communicate concerns

### **Debrief**

Responses to the debrief questions are meant to reflect learning; they require more than yes or no answers. Reflect afterwards on this discussion for your logbook.

1. What did you think was happening?
2. What did you do and why?
3. Do you think your interventions were helpful? Describe how. If not, explain why.
4. Did the team members communicate effectively with each other? Provide examples.
5. Did the team members communicate effectively with the patient? Provide examples.
6. How efficient was the teamwork? Provide examples.
7. What aspects of this scenario exercise can you apply to your clinical practice? How might you apply those aspects?