

### Scenario Example – Hypoglycaemia (2 pages)

It's 07:00 am and a patient has been brought into your ER by a relative. They are leaning on the relative when they walk.

ASSESSMENT	FURTHER INFORMATION	KEY POINTS	YES	NO
A	Airway: Clear	A Correctly Assessed		
B	Respiratory rate: 17	B Correctly Assessed		
	Oxygen saturations: 96%	No need for oxygen communicated		
	Listening to chest: Chest Clear	Aware B normal, quickly moves to C		
C	BP: 130/65 HR: 122, pulse strong Listening to chest: Normal Heart Sounds	C Correctly Assessed		
D	AVPU: Voice (decreases to Unresponsive in 3 minutes if Glucose not checked; increases to Alert in 2 minutes if Glucose given as per SOP)  Glucose: 2.0	AVPU correctly assessed		
		Check glucose		
		Diagnosis of hypoglycaemia recognised		
		Give appropriate Glucose treatment as per SOP ( <i>Oral if they are alert and safe swallowing, IV if P or U. If available give buccal = inside of cheek. Eat food and sweet drink as soon as they are alert and safe swallowing</i> )		
E	E findings:  Fever (temperature 39)  Jaundice (yellow colour to eyes and skin)	E Assessed Adequately		
		Key points communicated, identify possible infective cause/ malaria		
		Close monitoring + Plan		
		Repeated ABCDE and Repeat Glucose SOP if deteriorates		
SBAR		SBAR communicated clearly		

## **Diagnosis: Hypoglycaemia, malaria / infective cause**

### **Equipment (if available)**

- Glucose check
- GLUCOSE SOP

### **Learning Objectives**

- Confident use of the ABCDE
- Appropriately ask for help and communicate concerns
- Clinical assessment and recognition of hypoglycaemia
- Demonstrate appropriate initial management of hypoglycaemia

### **Debrief**

Responses to the debrief questions are meant to reflect learning; they require more than yes or no answers. Reflect afterwards on this discussion for your logbook.

1. What did you think was happening?
2. What did you do and why?
3. Do you think your interventions were helpful? Describe how. If not, explain why.
4. Did the team members communicate effectively with each other? Provide examples.
5. Did the team members communicate effectively with the patient? Provide examples.
6. How efficient was the teamwork? Provide examples.
7. What aspects of this scenario exercise can you apply to your clinical practice? How might you apply those aspects?