

Scenario Example – Circulation Assessment (2 pages)

It's 10:00 am and a patient has walked into your ER. They had a chest pain that was mild. They have **no** history of trauma.

ASSESSMENT	FURTHER INFORMATION	KEY POINTS	YES	NO
A	Airway: Patent	A Correctly Assessed		
B	Respiratory rate: 22	B Correctly Assessed		
	Oxygen saturations: 96%	No need for oxygen communicated		
C	Listening to chest: Chest Clear			
	Hands: Pale	Hands Assessed Correctly		
	Skin Temperature: Cool	Skin Temp. Assessed Correctly		
	HR: 89	HR Assessed Correctly		
	Radial pulse: strong	Pulse Assessed Correctly		
	BP: 120/65	BP Assessed Correctly, recognises normal and no acute need for fluids		
	Veins: Normal	Veins Assessed Correctly		
	Skin Turgor (Sternum): Normal	Skin Turgor Assessed Correctly		
D	Bleeding: No Active Bleeding	Considers bleeding in C exam		
	AVPU: Alert	AVPU correctly assessed		
E	Glucose: 5	Check glucose + recognises normal and no action required		
	E findings:	E Assessed Adequately		
	No abnormal E findings	Close monitoring + Plan		

Diagnosis: Pale hands = possible anaemia, otherwise normal examination

Equipment (if available)

- Stethoscope
- BP checker
- Glucose check

Learning Objectives

- Confident use of the ABCDE with focus on Cardiac Examination
- Clinical assessment and recognition of Cardiac Signs + Normal Cardiac Exam

Debrief

Responses to the debrief questions are meant to reflect learning; they require more than yes or no answers. Reflect afterwards on this discussion for your logbook.

1. What did you think was happening?
2. What did you do and why?
3. Do you think your interventions were helpful? Describe how. If not, explain why.
4. Did the team members communicate effectively with each other? Provide examples.
5. Did the team members communicate effectively with the patient? Provide examples.
6. How efficient was the teamwork? Provide examples.
7. What aspects of this scenario exercise can you apply to your clinical practice? How might you apply those aspects?